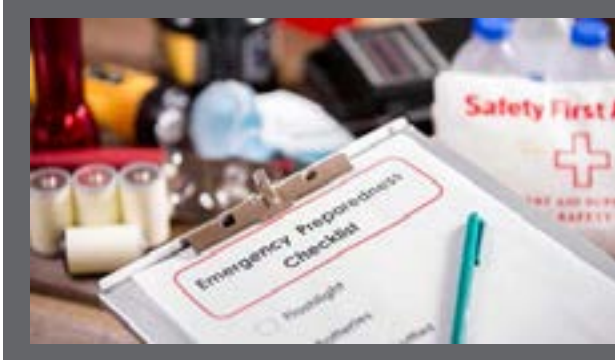


Disaster Supply Kit



REMEMBER:

- ▶ Store in a backpack, wheeled suitcase, or other portable container in an easy-access location, as near as possible to an exit
- ▶ Have a separate kit for each family member
- ▶ Items susceptible to water damage should be in plastic bags
- ▶ Check kit twice a year and replace items that have expired or don't work

Cover all 12 Areas of Emergency Preparedness in your disaster supply kits.

ADD ADDITIONAL ITEMS TO KITS TO FIT INDIVIDUAL NEEDS

1) Shelter, Clothing, & Fire

- Waterproof poncho
- Emergency reflective blanket
- Wool or fleece blanket or sleeping bag
- Tent or tarp
- Clothing for warm/cold weather
- Extra socks and underwear
- Hat with brim and/or bandanna
- Windproof/waterproof matches
- Alternate fire-starter
- Hand and body warmer packets

2) Water

- 1 gallon of water
- Refillable water container
- Water tablets and/or filter

3) Food

- 3 day supply of ready-to-eat, nonperishable food
- Hard candies

4) Hygiene & Sanitation

- Personal hygiene kit: soap, toothbrush, toothpaste, comb, toilet tissue, feminine items, razor, lip balm, wash cloth, etc.

- Garbage bags

- Hand sanitizer

- Baby wipes

5) Light & Power

- Flashlight

- Batteries

- Light sticks

6) First Aid

- First aid kit: Adhesive bandages, rolled gauze and pads, antibiotic cream, disposable gloves, burn gel, antiseptic towelettes, tweezers, triangle bandage, etc.

- First aid instruction booklet

- Personal medications

- Scissors and sewing kit

- Insect repellent

- Sunblock

7) Communication

- Multi-power AM/FM radio

- Notepad and pencil

- Plastic whistle with neck cord

- Extra mobile phone charger

8) Safety & Security

- Work gloves

- Dust mask

- Mace/pepper spray

- Spare house/car keys

9) Tools & Personal Items

- Extra glasses or contacts

- Compass

- Multifunction pocket knife

- Duct tape and 50-ft nylon rope

- Stress relief item: book, toy, etc.

10) Cooking

- Camp cup, plate, and utensils

- Lightweight stove and fuel

- Paper towels

- Can opener (may be on knife)

11) Important Documents & Money

- Copies of: emergency plan, birth certificates, marriage license, will, insurance info, financial info, vehicle title, family photos, ID, emergency contact list, etc.
- At least \$200 in small bills

12) Transportation

- Sturdy walking shoes or boots

- Wagon, stroller, cane, or wheelchair as needed

✓ **Make a Plan** ✓ **Get a Kit** ✓ **Be Informed** ✓ **Get Involved**

For more preparedness information: BeReady.Utah.gov

Work and School Disaster Supply Kits

You spend about 50% of your day away from home. It is important to have basic disaster supplies wherever you spend time. Use the list on the front of this brochure to make smaller disaster supply kits appropriate for work, school, and wherever you and your family spend time outside of your home.

Work and school kits should be small enough to fit in a desk or locker and their contents should conform to work or school rules and policies.



Vehicle Emergency Kit

You also spend a lot of time in your vehicle. Have an emergency kit in the car to help you and your family be ready for an accident, breakdown, getting lost, or other vehicle related emergency.



- | | |
|----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Coat, jacket, or poncho | <input type="checkbox"/> Emergency glass breaker |
| <input type="checkbox"/> Emergency reflective blanket | <input type="checkbox"/> Seatbelt cutter |
| <input type="checkbox"/> Blanket or sleeping bag | <input type="checkbox"/> Caution triangle |
| <input type="checkbox"/> Tarp | <input type="checkbox"/> Reflective safety vest |
| <input type="checkbox"/> Windproof/waterproof matches | <input type="checkbox"/> Fire extinguisher (5lb A-B-C type) |
| <input type="checkbox"/> Hand and body warmer packets | <input type="checkbox"/> Ice scraper |
| <input type="checkbox"/> Umbrella | <input type="checkbox"/> Jumper cables and extra fuses |
| <input type="checkbox"/> 1-2 gallons of water | <input type="checkbox"/> Jack, lug wrench, and tire gauge |
| <input type="checkbox"/> Meal replacement bars | <input type="checkbox"/> Sand, ice melt or cat litter for traction |
| <input type="checkbox"/> Garbage bags | <input type="checkbox"/> Small shovel |
| <input type="checkbox"/> Flashlight and extra batteries | <input type="checkbox"/> Tow rope |
| <input type="checkbox"/> First aid kit and instruction booklet | <input type="checkbox"/> Tool kit: pry bar, screwdrivers, crescent wrench, pliers, hammer, electrical tape, duct tape, wire, towels, etc. |
| <input type="checkbox"/> Disposable gloves | <input type="checkbox"/> Empty gas can and siphon hose |
| <input type="checkbox"/> Plastic whistle with neck cord | <input type="checkbox"/> Vehicle registration and insurance |
| <input type="checkbox"/> Cell phone car charger | <input type="checkbox"/> Detailed maps |
| <input type="checkbox"/> Glass marker | |
| <input type="checkbox"/> Work gloves | |
| <input type="checkbox"/> Dust mask | |

Things to do...

- Learn simple repairs like changing a tire, jump starts, and checking fluids. Teach repair skills to all drivers at home.
- Always keep the gas tank at least half full.
- Perform regular vehicle maintenance.
- Check all fluids and tire pressure before any road trips.

If in an accident...

- Remain calm.
- Pull out of traffic and off the main road if possible. If not, **STAY IN THE VEHICLE** until emergency responders arrive.
- Check for injuries on yourself and others.
- If the situation is safe, take pictures of the vehicle damage and accident scene.

✓ **Make a Plan** ✓ **Get a Kit** ✓ **Be Informed** ✓ **Get Involved**
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